

CURRICULUM VITA
Robert Warren Anderson
 RANDERSO@UMBC.EDU

EDUCATION AND PROFESSIONAL TRAINING

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| Undergraduate | Towson University Psychology and Education <i>B.Sci., summa cum laude</i> | 1975 |
| Graduate | Towson University Clinical Psychology <i>M.A. with (singular) Faculty Award</i> Internship Greater Baltimore Medical Center Comprehensive Family Services Clinic <i>Clinical and School Psychology</i> | 1979 1978-1979 |
| Doctoral | Catholic University of America Washington, D.C. <i>Ph.D. Program, Clinical Psychology</i> | 1981-1985 |
| | University of Maryland Baltimore, Maryland <i>Ph.D., Clinical Psychology/Behavioral Medicine</i> | 1987-1993 |
| Internship | Connecticut Department of Mental Hygiene /Yale/FHH Newtown and New Haven, Connecticut <i>Full Approval of American Psychological Association</i> | 1990-1991 |
| Licensure | Psychologist, State of Maryland | 1996 |

TEACHING AND PROFESSIONAL EXPERIENCE

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| 2012- | Senior Adjunct II, Department of Psychology University of Maryland Baltimore County |
| 1996- | <i>Adjunct Assistant Professor</i> , Department of Psychology University of Maryland Baltimore County |
| 1991-1996 | <i>Part-time Faculty</i> , Department of Psychology University of Maryland Baltimore County |
| 1994-1995 | <i>Acting Director, Psychological and Behavioral Medicine Services</i> , University of Maryland Pain Center, University of Maryland Hospital and School of Medicine |
| 1992-1994 | <i>Director of Research and Training</i> , Laing/UMAB Complementary Medicine Project, University of Maryland Pain Center |
| 1987-1990 | <i>Research and Teaching Assistantships</i> , Department of Psychology, University of Maryland Baltimore County. Teaching: Interviewing Techniques; Psychology of Aggression; Abnormal Psychology; Advanced Behavior Pathology; Personality. Research: Supervision of Independent Research in Psychology students; manage laboratory studies of speech and coronary-prone behavior; data analysis. |
| 1979-1987 | <i>Neuropsychological Technician</i> . Institute of Psychiatry and Human Behavior, University of Maryland School of Medicine. Interviewing, administration of neuropsychological test batteries with outpatient, inpatient, and forensic referrals; taught Psychological Assessment; |

Neuropsychological Assessment in Post-Graduate Psychiatry Residency Program, Department of Psychiatry.

- 1988-1989 *Traineeship in AIDS Intervention*, Infectious Disease Clinic, University of Maryland Hospital. Interviewing and behavioral assessments, interdisciplinary consultation, data collection with HIV+ and post-diagnosis AIDS patients in this outpatient clinic (role of behavioral and psychosocial factors in HIV-AIDS infection and progression).
- 1983-1988 *Assistant to Director*, Violence Evaluation and Management Training Program, State of Maryland Mental Hygiene Administration. Coordinated and assisted in state-wide training of mental health personnel in theories and techniques of evaluation and management of violence in state psychiatric facilities.
- 1982-1984 *Instructor*. Department of Psychology, Catholic University of America. Taught Introductory Psychology, four semesters.
- 1979-1981 *Research Associate*. Psychophysiology Clinic and Laboratories, University of Maryland School of Medicine. Coordination and data collection for clinical research in speech and blood pressure, sleep studies; training in biobehavioral diagnosis and treatment of psychosomatic conditions; lectured on computerized psychometrics and DSM-II and DSM-III diagnosis of psychosomatic disorders to medical residents.

MEMBERSHIPS AND AFFILIATIONS

Society of Behavioral Medicine
 Eastern Psychological Association
 American Psychological Association
 American Psychological Society

Maryland Genealogical Society Life Member
 U.S. National Archives Registered Genealogist
 Maryland Historical Society Life Member
 The Athletics Congress, USA (distance running)
 Road Runners of America
 Baltimore Road Runners Club
 International Thomas Merton Society
 Gandhi Memorial Society and Library Life Member

HONORARY MEMBERSHIPS

- 1974 *Psi Chi* National Honor Society in Psychology
 1989 *Sigma Pi Tau* College Teaching Honor Society

HONORS AND AWARDS

- 1971 Advanced Placement in Calculus
 1974 Student Government Association Academic Excellence Award
 1976 Outstanding Undergraduate in Psychology
 1979 Outstanding Graduate Student in Clinical Psychology
 1980 Who=s Who in American Universities and Colleges
 1981 International Youth in Achievement, International Biographical Centre (Cambridge England)
 2009 Psi Chi Professor of the Year, Department of Psychology, UMBC

SCHOLARSHIPS/FELLOWSHIPS

- 1975 Optimist Club of Baltimore Academic Scholarship (\$5000)
 1983 Departmental Scholarship, Department of Psychology, Catholic University (\$5000)
 1984 Dean=s Scholarship, Catholic University (\$5000)

1988 Graduate Merit Scholarship Award (\$1000)
 University of Maryland Graduate School
 1988 DHMH Training Advisory Board Traineeship Grant (\$10,000)
 Maryland Department of Health and Mental Hygiene
 1989 Research Fellowship Award (\$10,000)
 University of Maryland Graduate School
 1992 Chronic Pain Fellowship (\$30,000)
 Department of Anesthesiology, University of Maryland School of Medicine

REPRESENTATIVE PROFESSIONAL PUBLICATIONS

Anderson, R. W., Ensor, B., & Maton, K. I. (1990). Prevention theory and action from the religious perspective. *Prevention in Human Services, 10*(1), 9-27.

Siegmán, A. W., Anderson, R. W., & Berger, T. (1990). The angry voice: Its effect on the experience of anger and cardiovascular reactivity. *Psychosomatic Medicine, 52*(6), 631-643.

Siegmán, A. W., & Anderson, R. W. (1992). Dimensions of hostility and cardiovascular reactivity: The role of challenge. *Psychosomatic Medicine, 52*, 235-236.

Anderson, R. W., Ensor, B., & Maton, K. I. (1991). Prevention theory and action from the religious perspective. In K. I. Maton, K. I. Pargament, & R. Hess (Eds.), *Religion as a resource for preventive action*. New York: Haworth Press.

Siegmán, A. W., Anderson, R. W., et al (1992). Dimensions of anger-hostility and cardiovascular reactivity in provoked and angered men. *Journal of Behavioral Medicine, 15*(3), 1-16.

Meyer, K. D., & Anderson, R. W. (1993). Building a scientific foundation for complementary Medicine. *The science of life: University of Maryland Medical Center Annual Report, 1992*, 1-14.

Anderson, R. W., and Berman, B. (1994). Improving healthcare through evaluation and integration of complementary medicine. *Complementary Therapies in Medicine* (British).

[Proprietary publications in human factors omitted]

REPRESENTATIVE PROFESSIONAL PAPERS AND PRESENTATIONS

Siegmán, A. W., Anderson, R. W. (1990, March). *Dimensions of hostility and cardiovascular reactivity: The role of challenge*. Paper presented at the annual meeting of the American Psychosomatic Society, Boston, Mass.

Siegmán, A. W., Anderson, R. W. (1990, March). *The influence of expressive vocal behavior on the experience of negative emotions*. Paper presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

Siegmán, A. W., Herbst, J., & Anderson, R. W. (1990, March). *Somatic complaints and health-related behaviors: The role of hostility and other negative emotions*. Paper presented at the annual meeting of the Eastern Psychological Society, Philadelphia, PA.

Anderson, R. W. (1990, May). *Components of hostility and cardiovascular reactivity*. Paper presented at the annual University of Maryland Research Day, Baltimore, MD.

Siegmán, A. W., Anderson, R. W., & Berger, T. (1990, June). *Controlling negative emotions: The influence of speech rate and loudness on the experience of negative emotions*. Paper presented at the First International Congress of Behavioral Medicine, Uppsala, Sweden.

Anderson, R. W. (1991, February). *Assessment of coronary-prone behavior*. Presentation to Department of Psychology, Fairfield Hills Hospital, Connecticut Department of Mental Hygiene, Newtown, CT.

Anderson, R. W. (1992, October). *Biofeedback and Alternative Medicine*. Invited presentation, *Healthtalk* (Campus Speakers Forum), University of Maryland School of Medicine.

- Anderson, R. W. (1992, November). *Complementary and Behavioral Medicine in Chronic Pain: Conceptual, Clinical, and Research Issues*. Invited Lecture, Department of Psychology, University of Maryland.
- Anderson, R. W. (1992, December). *Development of an integrated multidisciplinary data base for the assessment of pain and pain treatment outcome*. University of Maryland Pain Center.
- Anderson, R. W., & Williams, J. E. (1993, January). *Evaluating the literature on the efficacy of multidisciplinary treatment of chronic pain*. Presentation at Chronic Pain Forum, Department of Anesthesiology, University of Maryland School of Medicine.
- Williams, J. E., & Anderson, R. W. (1993, January). *Pain Medications and Addiction*. Presentation to Pain Treatment Program, Kernan Hospital.
- Anderson, R. W. (1993, February). *Managing Stress, Anger, Depression, and Pain*. Presentation to Pain Treatment Program, Kernan Hospital.
- Anderson, R. W., & Bono, S. B. (1993, March). *Relaxation Techniques*. Invited presentation, *Healthtalk* (Campus Speakers Forum), University of Maryland School of Medicine.
- Bono, S. B., & Anderson, R. W. (1993, April). *Complementary Medicine in the Treatment of Chronic Pain*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Bono, S. B., & Anderson, R. W. (1993, April). *Incidence of Post-Traumatic Stress Disorder in a chronic pain treatment facility*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Anderson, R. W. (Chair) (1993, April). *Behavioral and Complementary Medicine in Chronic Pain: New Directions for Scientist-Practitioner and Interdisciplinary Collaboration*. Symposium, Eastern Psychological Society, Arlington, VA.
- Anderson, R. W. (1993, April). *Collaborative challenges illustrated: Development of an integrated multidisciplinary database for the evaluation of chronic pain and treatment outcome*. Symposium presentation at the annual meeting of the Eastern Psychological Society, Arlington, VA.
- Anderson, R. W. (1993, April). *Stress Management and the Role of Relaxation*. Keynote presentation, Secretary=s Day Program, University of Maryland School of Medicine.
- Anderson, R. W. (1993, May). *Integration of Complementary, Alternative, and Behavioral Medicine*. Invited Panel presentation for Alternative Medicine, Wellness, and Health Care Reform: Preparation for a Sustainable Future. Dirksen Senate Office Building, Washington, D.C.
- Anderson, R. W. (1993, June). *Promises and perils of interdisciplinary collaboration in the treatment of chronic pain*. Presentation at Chronic Pain Service Forum, Department of Anesthesiology, University of Maryland School of Medicine.
- Anderson, R. W. (1993, June). *Mind-Body Medicine: Critical Issues in Research and Practice*. Invited panel presentation, Annual meeting of the Institute of Noetic Sciences, Arlington VA.
- Anderson, R. W. (1995, April). *Conceptualization and Treatment of Chronic Pain*. Invited Lecture for Seminar in Behavioral Medicine, Department of Psychology, University of Maryland.