Diversity Resources for Psychology Courses
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Note: This is not an exhaustive list. When a resource is applicable to more than one course, it is cited under all those courses. However, we recommend that readers review resources listed under other courses for additional references that may also be applicable. Textbooks included were published in 2002 or later. We thank Barbara Noel Dowds, Jennifer Milliken, and Kathy Ong for their assistance.

RELEVANT TO ALL COURSES

Books and Book Chapters:


Articles:


**Films/ Videos:**

• *African-American Cultures in the U.S.A. Part 1.* (1991, 60 min., Governors State University). Discusses culture of African Americans and the role it plays in the U.S.
• *African-American Cultures in the U.S.A. Part 2.* (1992, 60 min., Communications Services, Inc.). Follow-up to part one discusses African history and religion, images of the African American in the media, academic performance and stereotypes perpetuated in schools.
• *Anti-discrimination Response Training* (ART, n.d., 40 min., 23 oppression vignettes, Microtraining and Multicultural Development). Focuses on concrete ways to identify and address prejudice and discrimination in a wide range of contexts.
• *Arab Americans.* (2001, 60 min., Insight Media). Provides basic demographics concerning the Arab American population. Discusses the negative stereotypes concerning Arab Americans and the ways in which the media and entertainment industry perpetuate those stereotypes. Includes points of view about the Arab-Israel conflict regarding rights to Palestine.
• *Asian Americans.* (2001, 60 min., Insight Media). This program gives an overview of the many groups classified as Asian Americans and discusses their similarities and differences.
• *Blue Eyed* (1995, 93 min., California Newsreel). A summation of Jane Elliott's work in anti-racism training, including a demonstration of Elliot's powerful simulation which involves dividing a group of participants into those with brown eyes and those with blue eyes.
• *Brown vs. Board of Education (Video)* [http://athome.harvard.edu/programs/bvb/](http://athome.harvard.edu/programs/bvb/). Hear discussions with several of the 1954 attorneys who argued the case before the Supreme Court, and their reflections on the impact of the decision fifty years later. Also featured are distinguished educators and lawyers, concerned with equal justice, discussing the impact of desegregation.
• *Color Adjustment* (1991, 33 min., California Newsreel). Marlon Rigg's examination of 40 years of racial myths and stereotypes on American television.
• *Confronting Discrimination and Prejudice* (2008, 37 min. ABC News). Explore biases and stereotypes by placing actors in different scenarios to observe bystanders’ reactions, generating a wide range of responses.
• *Embracing Diversity.* (2000, 28 min., Learning Connection). Multiculturalism/diversity encompasses both differences and similarities. Comments on the value of diversity in which one gains broader viewpoints and experiences. Suggests strategies to counter the negative effects of prejudice, bias, discrimination and racism: involve yourself with other cultures and perspectives, examine your own biases, and choose conversations that show a willingness to embrace diversity.
• Finding Common Ground: Physical Diversity. (1993, 56 min., Front Range Educational Media Corporation). Discusses the fear "able-bodied" people often face when encountering a physically handicapped person for the first time.

• Ethnic Notions (1987, 56 min., California Newsreel). Marlon Rigg's classic examination of the stereotyped images of African Americans used by White society to justify racism.

• Faces of the Enemy (1987, 57 min., Catticus Corporation) Sam Keen, author of a book by the same name, narrates this look at the creation of the enemy and enemy images. This video includes some disturbing material in which Keen investigates the role of enemy images in the brutal murder of an American family.


• Gender and Race: Together at Last? http://athome.harvard.edu/programs/gar/. Features the opening panel of an all-day conference focusing on African American women's history, and on the ways that the study of U.S. women's history has been shaped by the conjunction of gender and race questions.

• Hi-Tech Hate (1997, 45 min., Films for the Humanities & Sciences). Film makers trace a network of Internet hate groups through several countries and conduct interviews with members of these groups as well as those who oppose them.

• Hot Wax (2004, 49 min., California Newsreel). This first volume of Real Stories from a Free South Africa explores the post-apartheid relationship between a Black beauty salon owner and her elderly White clients.

• In Whose Honor (n.d., 46 min., New Day Films). Examines the practice of using American Indian mascots in sports through the story of Charlene Teters, who set out to protect her children from negative images of American Indians and found herself at the center of a controversy at the University of Illinois.

• Invisible Revolution: A Youth Subculture of Hate (2000, 55 min., Filmakers Library). This documentary profiles members of Anti Racist Action (ARA) and their violent clashes with white supremacist youth.

• Just Get It. (1994, 105 min., Morris Massey Associates). Great divisions disrupt our lives: issues of race, rights, discrimination, sexual harassment and preferences, traditional values, diversity, etc. This program attempts to bring current clashes of values into clearer focus, holding up a "mirror" so viewers can better understand themselves and observe more objectively when their "hot buttons" are punched by people having different values. Ku Klux Klan: A Secret History (2005, 100 min., A&E/The History Channel). Presents a history of the Ku Klux Klan. Contains rare footage and interviews with reporters, past and present Klan experts.


• Learning to Hate (n.d, 39 min., Films for the Humanities & Sciences). In this second film in the Beyond Hate set, Bill Moyers uses examples from a variety of cultures to explore the formation of intergroup attitudes. The video includes appearances from Nelson Mandela, Elie Wiesel, Jimmy Carter and others.

• Learning Without Limits 2004 Symposium: Stereotype Threats. (74 min., Community College of Baltimore County). Dr. Claude Steele, Lucie Stern Professor, Social Sciences, Stanford University, speaks about his research interests. Throughout his career, he has been interested in how people cope with self-image threat. His theory of self-affirmation describes processes for coping with this threat. His theory of stereotype threat describes how negative group
stereotypes, by posing an extra self-evaluative and belongingness threat to groups such as African Americans and women, can affect important behavior like intellectual performance and intergroup relations. He has also studied addictive behaviors. Dr. Steele talks about his research on stereotype threat and social identity threat especially as it relates to the underperformance problem and the diversity problem (bringing people together).

- “Long Way from Home.” (2006, 82 min., Riverfilms). “... three smart, lively girls enter ninth grade at top schools, where they confront a world very different from the one they know. In the documentary “Long Way from Home” the young women grapple with the challenges of diversity in schools – and the world of the future. Cindy, a Cambodian-American; Sarah, an Arab-American; and Sage, an African-American, tell their intimate stories about diversity in American society.


- Shattering the Silences: The Case for Minority Faculty. (1997, 86 min., California Newsreel). This video tells the story of eight university professor of diverse backgrounds in order to explore the obstacles specifically faced by faculty of color.

- Silencio (1996, 9 min., NAATA). The experiences of a young Filipino American adjusting to a predominantly White workplace are the focus of this short film.

- Skin Deep (1995, 53 min., California Newsreel). Filmmaker Francis Reid follows a diverse group of students through a racial awareness workshop in this powerful film.

- Skin Deep: The Science of Race (1995, 60 min., Filmmakers Library). This video uses interviews with scientific experts, authors, and experienced others to challenge the validity of genetic definitions of race.

- Skinheads USA: The Pathology of Hate (1993, 54 min., Films for the Humanities & Sciences). This video provides an in-depth look at a neo-Nazi Skinhead organization.

- Slaying the Dragon (1988, 60 min., NAATA). Uses film clips and interviews to explore the nature and effect of Asian stereotypes in the media, with an emphasis on the stereotypical portrayals of Asian women.

- Some questions for 28 Kisses (1994, 9 min., NAATA) and Game of Death (7 min., NAATA). (On same videotape) Both explore media portrayals of Asian men, the latter using footage from Bruce Lee's last (unfinished) film.


- Suspino: a Cry for Roma (2003, 72 min., Bullfrog films). This intense multi-festival film documents the persecution of the Roma (or Gypsies, as they were pejoratively called), the largest and perhaps most severely oppressed of Europe's minorities.


- True Colors. (1991, 19 min., Coronet/MTI Film and Video). In this segment from the newsmagazine PrimeTime, cameras follow two men, one White and one Black, as they attempt to purchase goods, rent an apartment, and find a job. The results provide a clear demonstration of the subtlety of "modern racism" and the prevalence of White privilege in the United States.
• *Two Towns of Jasper and America's Racial Divide* (2003, 23 min., Films for the Humanities & Sciences). Two film crews -- one Black and one White -- interview residents of Jasper, Texas about the brutal murder of James Byrd, Jr. that took place there in a 1998 hate crime.

• Understanding Diversity in the Deaf Community (Laurence Gallimore). (1999, 49 min., NCRTM). [Also see Understanding Diversity in the Deaf Community-Mark Azure; Jessica M. Lee]

• *Understanding Prejudice* (50 min., Films for the Humanities & Sciences). Provides an overview of the phenomenon of prejudice including historical perspectives, key terms, and forms of prejudice.

• *Unequal Education* (1994, 40 min., Films for the Humanities & Sciences). Bill Moyers compares the daily school life of two middle school students in New York City to explore issues of inequality.

• *Valuing Diversity*. (26 min., Films for the Humanities). Program deals with the realities of the multi-racial, multi-lingual workforce in a society which continues to practice racism and sexism. An attorney, a corporate executive, a human resources manager, and a teacher explain some of the steps that can be taken by individuals to adapt to, make the best of, and, in fact, benefit from the new realities.

• *Valuing Diversity* (1995, 19 min., GB Productions). Discusses the importance of treating people as individuals rather than stereotyping people from different cultures, social classes, or generations, and those with different body shapes or visible physical disabilities.

• *Visual History Testimonies* (45 min., Films for the Humanities & Sciences). Shows Holocaust survivors' video testimony. *Student Video Diaries & Workshop* documents students' reactions to viewing the testimony (25 min., Films for the Humanities & Sciences).

• *When Words Hurt* (2002, 22 min., Films for the Humanities & Sciences). This lively MTV program focuses on creating awareness about the distinction between unkind words and "hate speech."

• *Why Value Diversity?* (1991, 26 min., Films for the Humanities & Sciences). Program deals with the realities of the multi-racial, multi-lingual workforce in a society which continues to practice racism and sexism. An attorney, a corporate executive, a human resources manager, and a teacher explain some of the steps that can be taken by individuals to adapt to, make the best of, and, in fact, benefit from the new realities.

• *Who Killed Vincent Chin?* (1987, 82 min., Filmakers Library). This Academy-Award nominated film explores the case of Vincent Chin, a young Chinese American beaten to death by a Chrysler Motors foreman, perhaps because he was mistaken for Japanese in a climate of threats from the Japanese automobile industry.

• *The World Is Not Black and White.* (58 min., Wisconsin Public Television). Part one of a series on cultural and ethnic diversity in Wisconsin. Reports on race and ethnicity as they affect people personally and socially, and focuses on the issues of identity, adoption and marriage. The filmed report is followed by a studio group discussion led by Dr. Gerald Thomas.

**Activities:**


**Links to Diversity Activities and Teaching Resources**

• [http://psychology.ucdavis.edu/rainbow/index.html](http://psychology.ucdavis.edu/rainbow/index.html)
  Dr. Gregory Herek’s site which includes information on sexual prejudice, hate crimes, and AIDS stigma.
Diversity Resources for Psychology Courses

- **http://www.edchange.org/multicultural/activityarch.html**
  Includes ice breakers, ground rules, and other activities to raise student and instructor cultural awareness.

- **http://www.paulkivel.com/resources.php**
  Includes workshop exercises, suggested readings, and videographies.

- **http://www.understandingprejudice.org/**
  Contains over 2,000 links to prejudice-related resources and interactive exercises on prejudice, stereotyping, and discrimination.

**Links to Articles, Podcasts, and Videos Published in Newspapers and Non-academic Media**

- **Advocacy**

- **Educational Videos and Podcasts on Diversity**
  - ATS Media . [http://www.atsmedia.com/](http://www.atsmedia.com/) (60 Asians; As Simple as Respect; Let’s Get Together! Communicating Respect in A Diverse Workplace) available for fees
  - Education Portal. Free video lectures from top universities. [http://education-portal.com/articles/Free_Video_Lecture_Podcasts_from_Top_Universities.html](http://education-portal.com/articles/Free_Video_Lecture_Podcasts_from_Top_Universities.html)
  - UC Chanel. A collection of public affairs lectures, panels and events from academic institutions all over the world including:
    - Fences, Amnesty, or the Status Quo? The Future of Immigration Reform in America
    - Identity and Homecoming
    - The Race Beat: The Press, The Civil Rights Struggle, And The Awakening of a Nation
    - Race, Gender and the 2008 Presidential Election
      [http://uc.princeton.edu/main/index.php?option=com_content&task=view&id=2736](http://uc.princeton.edu/main/index.php?option=com_content&task=view&id=2736) How should race, class and gender be interpreted? How relevant are the issues to the larger campaign? Irrespective of who wins the White House, how relevant are these issues to be to the next administration? This forum will use this moment to address the often divergent interests of women, especially white women, and people of color.
    - The Sandbox Investment: Kids First Politics
    - Sex, Race and Class
    - Writing on the Wall: From Disaster to Doing Something
• **Identity (Racial/Cultural)**
  - Disease Changes Skin Color, Not Identity (African American girl with Vitiligo)
    Video titles: 1. Being Multiracial in America (soc).
  - Tradition a Powerful Draw: With a Return to their Roots, Children of Immigrants may Become More Segregated [http://www.thestar.com/News/article/231540](http://www.thestar.com/News/article/231540)

• **Immigration**
  - Benefits of and discomfort with immigration.

• **Intragroup Issues**
  - Division Within a Race: African American vs. Black Caribbean
    [http://www.youtube.com/watch?v=mWgiFcaaM-E](http://www.youtube.com/watch?v=mWgiFcaaM-E)
  - Divisions Within A Race (Part II) [http://www.youtube.com/watch?v=D2d-H6nfq6c&feature=related](http://www.youtube.com/watch?v=D2d-H6nfq6c&feature=related)
  - Divisions Within A Race (Part III)
    [http://www.youtube.com/watch?v=kValZCw9KcY&feature=related](http://www.youtube.com/watch?v=kValZCw9KcY&feature=related)

• **Legal Issues**
  - Jim Crow’s Last Stand: The Struggle for Civil Rights in the Suburban North

• **Law Enforcement**
  - Ethnic Diversity in the Police Force
  - Racial Profiling in Law Enforcement (Aaron Thompson, Ph.D.)

• **Stereotypes**
  - Being an Asian American: Stereotypes in the media
    [http://www.youtube.com/watch?v=F56lyZA7vXU&feature=related](http://www.youtube.com/watch?v=F56lyZA7vXU&feature=related)
  - Breaking Asian Stereotypes in An Artistic, Unusual Way
  - Don’t Stereotype Asian American Men
    [http://www.youtube.com/watch?v=AHHi1l1HX0tE&feature=related](http://www.youtube.com/watch?v=AHHi1l1HX0tE&feature=related)
  - Geishas and Math Nerds: Asian-American Stereotypes
    [http://www.youtube.com/watch?v=Gs2COS-WRKw&feature=related](http://www.youtube.com/watch?v=Gs2COS-WRKw&feature=related)
  - What does it mean to be Asian American?
    [http://www.youtube.com/watch?v=Ykawf5_XTc&feature=user](http://www.youtube.com/watch?v=Ykawf5_XTc&feature=user)
  - What is Normal? Overcoming Obstacles and Stereotypes (various videos)
    [http://www.pbs.org/inthemix/whatsnormal_index.html](http://www.pbs.org/inthemix/whatsnormal_index.html)

• **White Privilege**
  - Does White Privilege Exist?
    [http://www.youtube.com/watch?v=2nw7Sfj1if0&feature=related](http://www.youtube.com/watch?v=2nw7Sfj1if0&feature=related)
• How Do You Benefit from White Privilege?
  http://www.youtube.com/watch?v=5ceITOOhfgQ&feature=related
• Tim Wise on White Privilege (57 min.) http://www.youtube.com/watch?v=gKR7-deRm8c&feature=related
• What is the Right Way to Be White?
  (Part 1) http://www.youtube.com/watch?v=xg_Ap4AHlzUs
  (Part 2) http://www.youtube.com/watch?v=ijzFrugiOO0&feature=related
  (Part 3) http://www.youtube.com/watch?v=D9dDC-ZOjPA&feature=related

• Other Diversity Issues
  • Born without Limbs, Refusing Limitation
    http://abcnews.go.com/Health/story?id=4531209&page=1
  • City pulls diversity training videos.
  • Comedian Michael Richards apologizes for racial slurs.
  • Race Across Borders http://ci.columbia.edu/ci/subjects/culture/event.html Howard Winant, Temple University, and Percy Hintzen, University of California, Berkeley spoke about how the reconfiguration of territories is leading to new conceptualizations of personal and collective identities.
• Racially diverse groups make better decisions
  http://sciencline.org/2006/12/04/bio_romero_race/

Links to Associations with Cultural Diversity Emphasis
• Asian American Psychological Association http://www.aapaonline.org/index.shtml
• Association of Black Psychologists http://www.abpsi.org/
• National Latina/o Psychological Association http://www.nlpa.ws/
• Society for the Psychological Study of Ethnic Minorities http://www.apa.org/divisions/div45/
• Society for the Psychological Study of Lesbian, Gay and Bisexual Issues http://www.apadivision44.org/
• The Society for the Psychological Study of Men and Masculinity http://www.apa.org/divisions/div51/
• Society for the Psychology of Women: Heritage Site http://www.psych.yorku.ca/femhop/
• Society of Indian Psychologists http://www.geocities.com/indianpsych/
1. ABNORMAL

Textbooks:

Other Books:

Articles:

Activities:

Films/Videos:
- The Culture of Emotions: A Cultural Competence and Diversity Training Program. (2002, 58 min., Fanlight Productions). (Producer) Explores the variety of ways the diverse cultures of America understand mind and body, and the disorders to which mind and body are subject. Designed to introduce cultural competence and diversity skills to mental/behavior health professionals and students. Introduces a diagnostic system (the DSM-IV “Outline for cultural formulation”) for the assessment and treatment of psychiatric disorders across cultural boundaries and diagnostic categories.

Links:
- What is Normal? Teens Overcoming Obstacles and Stereotypes (various videos) http://www.pbs.org/inthemix/whatsnormal_index.html

2. ADJUSTMENT

Textbooks:

Other Books:
Films/Videos:

- *Keeping Up Appearances: The Culture of Conformity* (1996, 24 min., Films for the Humanities & Sciences). This film examines the willingness of humans to conform and the adaptive and maladaptive results of conformity.

3. CLINICAL/COUNSELING

Textbooks:


Other Books:


Articles:

Activities:

Films/Videos:
• *The Culture of Emotions: A Cultural Competence and Diversity Training Program.* (2002, 58 min., Fanlight Productions). (Producer) Explores the variety of ways the diverse cultures of America understand mind and body, and the disorders to which mind and body are subject. Designed to introduce cultural competence and diversity skills to mental/behavior health professionals and students. Introduces a diagnostic system (the DSM-IV “Outline for cultural formulation”) for the assessment and treatment of psychiatric disorders across cultural boundaries and diagnostic categories.
• *The Psychology of Working: Expanding Our Vision to Affirm Race and Culture.* (n.d., 60 min., Microtraining Associates). In a conference presentation, David Blustein
discusses the psychology of work and how it applies when counseling people lacking privilege or choice.

4. COGNITIVE

Textbooks:

Articles:

Activities:

5. COMMUNITY PSYCHOLOGY

Textbooks:

Articles:

6. DEVELOPMENTAL

Textbooks:

**Other Books:**

**Articles:**

**Activities:**

**Films/ Videos:**
- *Belonging: The Search for Acceptance*. (43 min., Gateway Films/Vision Video). A film essay on the social vision of spiritual leader and philosopher, Jean Vanier. The program focuses on aloneness and our longing to belong. Drawn from the stories of real lives, from the ordinary and extraordinary, it celebrates the dignity and diversity of humanity. When Canadian filmmaker Karen Pascal traveled to France to meet Jean Vanier, she
planned to make a film about him, but he wanted to make a film about what he said is the most important issue facing humanity today in our post 9/11 world - belonging. Jean Vanier is the founder of the international movement of L’Arche communities, where people who have developmental disabilities create homes together with the friends who assist them.

- *Can You See the Color Gray?* (1997, 54 min., University of California Extension). Children and young adults respond to questions about race/ethnicity and prejudice.
- *Promises* (106 min., The Promises Film Project). This Emmy Award winning film documents the lives and views of seven Palestinian and Israeli children, some of whom ultimately agree to meet each other.
- *Worlds of Childhood.* (720 min., Great Plains Network). Consists of 24 videocassettes. Series showing the intimate and accessible scenes of daily life, filmed with 12 families on five continents. A truly multicultural and cross-cultural package which serves as a unique resource for understanding how youngsters grow and develop in many diverse and pluralistic worlds of childhood.

**Links:**
- What is Normal? Teens Overcoming Obstacles and Stereotypes (various videos) [http://www.pbs.org/inthemix/whatsnormal_index.html](http://www.pbs.org/inthemix/whatsnormal_index.html)

### 7. EDUCATIONAL PSYCHOLOGY

**Textbooks:**

**Articles:**

**Films/Videos:**
- *It's Elementary: Talking About Gay Issues in School* (1996, 78 min., New Day Films). An award winning documentary that provides the perspective of schoolchildren on the issue of whether and how gay issues should be addressed in the schools. Teachers and students discuss how to respond to, and avoid teaching, gay stereotypes (study guide available).
- *Respecting Diversity in the Classroom* (1996, 60 min., Films for the Humanities and Sciences). This film discusses how diversity in a classroom can be a beneficial experience for a teacher, a resource if utilized. “Using actual classroom situations, this program is a "how to" primer offering innovative ideas about exploring the richness of culture and ethnicity.”
8. ETHICS

Textbooks:

Other Books:

Articles:


9. FORENSIC PSYCHOLOGY

Textbooks:


Articles:


Films/ Videos:

• *Acts of Violence* (1985, 60 min., Lightning Video). Explores violence in American society including mass murderer, serial murderer, and political assassin. Analyzes the reasons why they are committed, especially in America. Includes interviews with victims and their families, law enforcement officers, and mental health providers.

10. HEALTH PSYCHOLOGY

Textbooks:


Other Books:

11. HISTORY OF PSYCHOLOGY

Textbooks:

Articles:

Activities:

12. HUMAN SEXUALITY

Textbooks:

Other Books:

Articles:
• De Welde, K., & Hubbard, E. A. (2003). "I'm glad I'm not gay!": Heterosexual students' emotional experience in the college classroom with a "coming out" assignment. Teaching Sociology, 31, 72-84.

Activities:
Films/ Videos:

- Assault on Gay America (2000, 60 min., PBS Video). Frontline's Forrest Sawyer interviews experts on sexual prejudice as well as the friends, family members, and accused killer of Billy Jack Gaither, who was murdered in a violent hate crime in Alabama in 1999.
- Embracing Our Sexuality (1993, 45 min., New Day Films). Nine women ages 21 to 71 who come from ethnically and racially diverse backgrounds discuss various aspects of their sexuality.

13. INDUSTRIAL ORGANIZATIONAL

Textbooks:


Articles:


Films/ Videos:

- Diversity Unplugged. (1998, 33 min., Sun Fun Productions). Delves into a variety of issues relating to diversity in the workplace, featuring interaction and discussion among individuals of different ethnic groups, gender, and sexual orientation. Presents their candid thoughts about stereotyping and discrimination and reveals some practical solutions toward acceptance of difference.
- Let’s Talk Diversity. (n.d., 23 min., Training Alternatives). Objectives are to realize the demographic makeup of your organization, to acknowledge how the impact of values,
attitudes, and behaviors affect others, to recognize the biases and stereotypes which are based on gender, race, religion, age, culture, disability, or lifestyle, and to change attitudes and behaviors which are not conducive to working effectively with others.

- **Managing a Diverse Workplace: Understanding Different Cultural Values and Styles.** (2003, 56 min., Films for the Humanities & Sciences). Program discusses the melting pot theory and its weaknesses when applied to employment settings. African Americans, Hispanics, Asians, and Native Americans who share their work experiences and demonstrate that what minorities want from coworkers and management is no more than an open mind and a chance to make good.


- **The Tail of “O” on Being Different: A Training Tool for Managing Diversity.** (1993, 45 min., Goodmeasure). Insights into the impact of relative numbers on people’s performance in work groups, when some people have a hard time fitting in because they are different from the majority. The consequences, pressure and stereotypes of being different are explored.

### 14. INTRODUCTORY PSYCHOLOGY

**Please check other sections of this document for resources on specific psychology topics**

**Textbooks:**

**Articles:**

**Film/Videos:**


• *Discovering Psychology (Program 25-26).* (2001, 60 min., Annenberg/CPB). Part of a 26-part introductory course in psychology that offers an overview of historic and current theories of human behavior and features demonstrations, classic experiments and simulations. Program 26 discusses how culture shapes our thinking, feeling and actions. Cultural psychology integrates cross-cultural research with social and personality psychology, anthropology, and other social sciences.

**15. LANGUAGE**

**Textbooks:**


**Articles:**


**Activities:**

Film/Videos:
- *American Tongues* (1987, 56 min., Center for New American Media). This entertaining film explores language related attitudes and bias, focusing on regional, ethnic, and social class differences within the United States.
- *You Must Have Been a Bilingual Baby* (1991, 46 min., Filmakers Library). David Suzuki narrates this video dealing with the process of bilingual language acquisition, forms of bilingual education, and the “bilingual brain” of interpreters.

16. LEARNING
Textbooks:

Articles:

Film/Videos:

17. MOTIVATION
Textbooks:

Other books:

**Articles:**


18. **PERSONALITY**

**Textbooks:**


**Articles:**


**Activities:**


**Film/Videos:**

• *A Question of Color* (1993, 56 min., California Newsreel). This documentary explores the interplay between racism and self concept in terms of "color consciousness" about hair, skin color, and facial features among African Americans.
• *Banana Split* (1991, 37 min., NAATA). This experimental video explores interracial dating patterns and issues of biracial identity.
• *Doubles: Japan and America's Intercultural Children* (1995, 58 min., Doubles Film Library). Regge Life's documentary based on a series of moving interviews with people of Japanese and American parentage. Provides a variety of different cultural and generational perspectives.
• *Fat Chance* (1994, 72 min., Canadian National Film Board). Therapist and blues singer Rick Zakawich sets out to lose half of his 400 pounds and instead gains self-confidence and a new perspective on weight.


• *Hapa* (2001, 26 min., NAATA). In this first-person documentary, marathon runner and TV producer Midori Sperandeo explores aspects of her hapa (multiracial) identity.

• *The Human Face* (1996, 30 min., University of California Extension). Dane Archer examines communication through facial expression and several other properties of the human face (instructor's guide available).

• *Just Black?* (1992, 57 min., Filmakers Library) A series of interviews with young people of multiracial background examine issues of friendships, family, dating, and identity.

• *Kicking High…in the Golden Years.* (1986, 58 min., New Day Films). Features six members of "The Marquees," an amateur performance group at a senior citizen center in Queens, N.Y. These portraits of black, middle class Americans communicate a diversity of personalities and lifestyles and many ways of managing the changes that age brings.

• *Living in the Hyphen: Cultural Identity in a Multiethnic society* (2005, 44 min., Films for the Humanities & Sciences). This award winning video examines the experiences of poet Fred Wah and six other Canadians of multiethnic backgrounds.

• *None of the Above* (1994, 23 min., Filmakers Library). Filmmaker Erika Surat Andersen explores her own mixed ethnic background and the experiences of others of different mixed ancestry in order to investigate being racially unclassifiable in today's race-conscious society.


• *Recognizing Diversity: The Making of a Chicano Identity.* (1995, 28 min., Waldo and the Magic Flute Productions). This film deals with individuals and their ideologies about Chicano identity. Four Mexican American college students discuss terminology and personal life experiences as they work to shape a personal ethnic identity.

• *Two Lies* (1989, 25 min., Women Make Movies). A Chinese woman undergoes surgery to make her eyes appear less Asian and, she believes, more attractive -- a decision that is challenged by her teenage daughter.

19. PHYSIOLOGICAL/BIOPSYCHOLOGY

*Articles:


20. PSYCHOLOGY OF PEACE

*Textbooks:*

*Articles:*

*Film/Videos:*
• *Our Honor and His Glory: Honor Killing* (1997, 28 min., Filmakers Library). Documents two cases of honor killings, in which women are murdered by male relatives for tarnishing the family's moral reputation.
• *Paradise Bent* (2000, 50min., Filmakers Library). An exploration of the lives of Samoan *fa'afaafines*, boys who are raised as girls, and how their traditional role has been impacted by Westernization.
• *Shake Hands with the Devil* (2004, 91 min., California Newsreel). This Sundance Film Festival award winner follows Canadian General Roméo Dallaire's return to Rwanda where, a decade earlier, he had headed a UN Peacekeeping mission.
Links:

- Identity and Homecoming
- The Sandbox Investment: Kids First Politics
- Writing on the Wall: From Disaster to Doing Something
- Diminishing Returns: Income Inequality in the United States
- Jim Crow’s Last Stand: The Struggle for Civil Rights in the Suburban North
- Dead Man Walking: the Journey Continues
- Jane Goodall lecture
  http://athome.harvard.edu/janegoodall
- Women and War in the 20th Century
  http://athome.harvard.edu/programs/asc/index.html
- In the War Zone: How Does Gender Matter?
  http://athome.harvard.edu/programs/iwz/
- Gender and Race: Together at Last?
  http://athome.harvard.edu/programs/gar/

21. RELIGION OR FAITH-BASED

Textbooks:


Other Books:


Articles:


Links:

- Faith in the Halls of Power: How Evangelicals Joined the American Elite
• Writing on the Wall: From Disaster to Doing Something
• Islam and America http://athome.harvard.edu/programs/islam/
• History of Violence in Different Religious Traditions
  http://ci.columbia.edu/ci/subjects/culture/event.html

22. RESEARCH METHODS

Textbooks:

Articles:
• Phinney, J. S. When we talk about American ethnic groups, what do we mean? *American Psychologist, 51*, 918-927

**Activities:**


**Film/Videos:**

• *Papua New Guinea: Anthropology on Trial* (1983, 60 min., PBS Video). In this video, NOVA travels to Papua New Guinea to speak with the subjects of Margaret Mead’s research in that area. Through discussions with other anthropologists and the people they study, this film examines the insider and outsider perspectives.

### 23. SENSATION AND PERCEPTION

**Textbooks:**


**Articles:**


### 24. SOCIAL

**Textbooks:**


**Other Books:**


**Articles:**


**Activities:**


**Film/Videos:**

- *Black to the Promised Land* (1992, 95 min., First Run/Icarus Films). This documentary explores the effects of intercultural contact as it follows 11 African American teens on a three month sojourn on an Israeli kibbutz.
- *Cultural Baggage* (9 min., Pyramid Films & Video). This parody of cultural stereotypes takes place at a baggage carousel at an airport. Trying to find their luggage, people pick up different bags and suddenly assume the stereotypical personality of the bag's true owner.
- *Implicit and Explicit Components in Stereotyping & Prejudice* (54 min., St. Mary’s College of Maryland Psychology Dept.) William A. Cunningham lectures on the psychology of stereotyping and prejudice.
- *Learning to Hate* (39 min., Films for the Humanities & Sciences). In this second film in the Beyond Hate set, Bill Moyers uses examples from a variety of cultures to explore the formation of intergroup attitudes. The video includes appearances from Nelson Mandela, Elie Wiesel, Jimmy Carter and others.

**Links:**

- Social Psychology Network [http://socialpsychology.org/cultural.htm](http://socialpsychology.org/cultural.htm)

### 25. STATISTICS

**Articles:**


**Activities:**


### 26. TEACHING

**Textbooks:**

• Goldstein, S. B. (2005). Cross-cultural perspectives in the psychology curriculum:
  Moving beyond "add culture and stir" In B. Perlman, L. I. McCann, & W. Buskist,
  (Eds); Voices of experience: Memorable talks from the National Institute on the Teaching
• Mihesua, D.A., & Wilson, A.C. (Eds.). (2004). Indigenizing the academy: Transforming
  scholarship and empowering communities. Lincoln, NE: University of Nebraska Press.

Other Books:
  Alexandria, VA: ACA.

Articles:
• Banks, J.A. (1993). Multicultural education: Historical development, dimensions, and
• Bergeron, B.S. (2008). Enacting culturally responsive curriculum in a novice teacher’s

Activities
  through in-class debates on course related controversies. Teaching of Psychology, 26,
  106-110.
  Psychology, 60-63.
• Hettich, P. (1990). Journal writing: Old fare or nouvelle cuisine? Teaching of Psychology,
  17, 36-39.
• Moradi, B. (2004). Teaching about diversities: The shadow/role-play exercise. Teaching
  of Psychology, 31, 188-191.

Film/Videos:
• Teaching the Diverse Classroom. (n.d., 37 min., Instructional Media Services).
  University faculty and students tell why recognizing diversity is important on the college
  campus and demonstrate how instructors can teach effectively in an increasingly diverse
  academic setting. Describes four strategies: include all students; recognize different ways
  individuals learn; promote respect in the classroom; and acknowledge diversity through
  curriculum choices.
• Facing Differences: Working with Kids to Change Attitudes. (2002, 22 min., About Face
  International). “Facing Differences” is an About Face educational program designed to
  help children (age 8-12) talk about differences, to share their feelings and to change
  attitudes in the school community. The interactive program (video and programme guide)
was developed to assist teachers in the classroom explore diversity issues. The Facing Differences program promotes the cultivation of empathy and the inclusion of children with physical differences in the school community.

- **Classroom Climate Workshops on Cultural Awareness.** (1998, 34 min., Purdue University Continuing Education). Brief workshop presentations designed to raise awareness about diversity in the contemporary college classroom. Addresses classroom dynamics, communication patterns, student orientations, learning styles, and teaching techniques for use with students from different cultures.

- **Opening the Door to Diversity: Voices from the Middle School.** (2000, 9 min., National Middle School Association). Includes clips of middle school students as they talk about four specific issues: diversity, cliques, stereotypes, and the media. Resource guide consists of 10 sequential lessons designed to encourage students to share diverse perspectives and solve problems together, thus learning to communicate, cooperate, and think critically.

### 27. TESTS AND MEASUREMENTS

**Textbooks:**


**Other Books:**


**Articles:**


**Film/Videos:**

• *Cultural Bias in Education* (1992, 28 min., Films for the Humanities & Sciences). Cultural issues in standardized testing is one area explored in this look at obstacles to Latino academic advancement.

• *The Culture of Emotions: A Cultural Competence and Diversity Training Program.* (2002, 58 min., Fanlight Productions). Explores the variety of ways the diverse cultures of America understand mind and body, and the disorders to which mind and body are subject. Designed to introduce cultural competence and diversity skills to mental/behavior health professionals and students. Introduces a diagnostic system (the DSM-IV “Outline for cultural formulation”) for the assessment and treatment of psychiatric disorders across cultural boundaries and diagnostic categories. DVD

• *Divided We Stand* (1997, 49 min., Films for the Humanities & Sciences). This BBC production examines the logic behind theories linking race and intellectual abilities.

• *How Are Kids Smart? Multiple Intelligences (M.I.) in the Classroom.* (1995, 32 min., National Professional Resouces, Inc.). Learn about M.I. theory and the seven intelligences, explore some of the associated myths about M.I. and observe how teachers have incorporated M.I. theory into their classrooms. Addresses the struggles with challenges of increasing diversity, inclusion of students with special needs and the move toward heterogenous grouping in the classroom.

• *Intelligence* (1998, 75 min., National Film Board of Canada). This film explores definitions of intelligence based on encounters with a large variety of people and other living things.

### 28. WOMEN AND GENDER

**Textbooks:**


**Other Books:**


**Articles:**

Diversity Resources for Psychology Courses


Activities:


**Film/Videos:**

• *And Thereafter: A Korean "War Bride" in an Alien Land* (2003, 56 min., Filmmakers Library). This video presents a heartbreaking account of the life of 76 year old Young-Ja Wike, one of 10,000 Korean women who married American G.I.s. This film was screened at several international film festivals.
• *Fast Food Women* (1991, 28 min., Appalshop Films). This documentary examines the lives and working conditions of women who work in fast food restaurants in eastern Kentucky.
• *The Nature of Sex.* (60 min. each, Shanachie Entertainment Corp.) Consists of 6 videocassettes. The nature of Sex involved more than 2 years of filming, and presents a panoramic study of the sexual diversity, desire and display of animals and humans. Intimate insights trace the roots of human sexuality from its earliest beginnings.
• *Gay, Lesbian, and Bisexual Clients.* (2004, 100 min., American Psychological Association). (Producer) Dr. Perez’s areas of professional interest include counseling issues related to diversity, multiculturalism, and gender issues. Watch him treat patients in these populations dealing with issues of sexuality within a multicultural and gender-awareness context. (DVD)
• *Gender and Sexual Orientation.* (1999, 20 min., Quality Media Resources). Looks at maximizing the benefits of “diversity.” We need to acknowledge our stereotypes and prejudices; be sensitive to how we impact others; use language that does not demean, exclude, offend others.
• *We Are Not Invisible.* (1996, 38 min., The Group). This video sheds a refreshingly positive light on being young and gay. Excellent information for education and diversity training in the schools, workplace or at home.

**Links:**

• [http://www.feminista.com](http://www.feminista.com)