

# TASNEEM KHAMBATY, Ph.D.

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University of Maryland, Baltimore County. Department of Psychology, 1000 Hilltop Circle, Baltimore, MD 21250

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## ACADEMIC APPOINTMENTS

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2017-present      **Assistant Professor (tenure-track), Clinical Psychology and Behavioral Medicine**  
subprograms, Health Services Psychology, Department of Psychology  
University of Maryland, Baltimore County

## EDUCATION

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Postdoctoral      **University of Miami, Coral Gables, FL**  
Fellowship      Behavioral Medicine Research in Cardiovascular Diseases (NIH T32 HL007426)  
2015-2017

Clinical      **Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**  
Internship      Clinical Psychology, APA Accredited Program  
2014-2015

Doctor of      **Indiana University-Purdue University Indianapolis (IUPUI), Indianapolis, IN**  
Philosophy      Clinical Psychology (Health Psychology Concentration)  
2015

Masters of      **Indiana University-Purdue University Indianapolis (IUPUI), Indianapolis, IN**  
Science      Clinical Psychology (Health Psychology Concentration)  
2012

Bachelor of      **Ohio State University, Columbus, OH**  
Science      Psychology, Magna Cum Laude  
Minors: Neuroscience, Business  
2009

## AWARDS AND HONORS

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2017      Scholar of the 2017 Young Investigator Colloquium – American Psychosomatic Society

2015-2017      Ruth L. Kirschstein National Research Service Award Institutional Research Training Grant (NIH T32 HL007426-35-40), Postdoctoral Fellow in Behavioral Medicine Research in Cardiovascular Diseases, Department of Psychology, University of Miami

2015      Educational Enhancement Grant for Research Travel (\$500), IUPUI Graduate Student Office

2015      Clinical Psychology Travel Award (\$650), IUPUI Department of Psychology

2014	School of Science Travel Award (\$400), IUPUI Graduate Student Council
2014	Clinical Psychology Award for Research, Honorable Mention, IUPUI Department of Psychology
2014	Educational Enhancement Grant for Research Travel (\$500), IUPUI Graduate Student Office
2013	Young Investigator Scholarship (\$1,500), Conference on Retroviruses and Opportunistic Infections
2013	University Travel Fellowship (\$800), IUPUI School of Science
2012	Doctoral Fellowship (\$1,500), Southern Regional Education Board, Institute on Teaching and Mentoring
2013	Clinical Psychology Award for Citizenship (\$100), IUPUI Department of Psychology
2013	Educational Enhancement Grant for Research Travel (\$500), IUPUI Graduate Student Office
2013	Young Scholar Award (\$500), American Psychosomatic Society
2012	Educational Enhancement Grant for Research Travel (\$500), IUPUI Graduate Student Office
2011	Citation Abstract, Society of Behavioral Medicine
2011	Meritorious Student Abstract, Society of Behavioral Medicine
2011	Research Travel Award (\$150), IUPUI Department of Psychology

## PEER-REVIEWED PUBLICATIONS

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1. Miles, S.R., **Khambaty, T.**, Peterson, N., Naik, A.D., & Cully, J.A. (in press). The Role of Affect and Coping in Diabetes Self-Management in Rural Adults with Uncontrolled Diabetes and Depression.
2. Freiberg, M.S, Stewart, J.C., and **Khambaty, T.** (in press). Reply to Kawada and Ziegelstein. Association between Depressive Disorders and Incident Acute Myocardial Infarction in Human Immunodeficiency Virus–Infected Adults: Veterans Aging Cohort Study. *JAMA Cardiology*.
3. **Khambaty, T.**, Callahan, C.M., Perkins, A.J., & Stewart, J. C. (2016). Depression and Anxiety Screens as Simultaneous Predictors of 10-year Incidence of Diabetes among Primary Care Patients. *Journal of the American Geriatrics Society*. doi: 10.1111/jgs.14454
4. **Khambaty, T.**, Stewart, J. C., Gupta, S. K., Chang, C. C. H., Bedimo, R. J., Budoff, M. J., ... & Freiberg, M.S. (2016). Association between Depressive Disorders and Incident Acute Myocardial Infarction in Human Immunodeficiency Virus–Infected Adults: Veterans Aging Cohort Study. *JAMA Cardiology*. Published online August 24, 2016. doi:10.1001/jamacardio.2016.2716.

5. Stewart, J. C., Hawkins, M. A., **Khambaty, T.**, Perkins, A. J., & Callahan, C. M. (2016). Depression and Anxiety Screens as Predictors of 8-Year Incidence of Myocardial Infarction and Stroke in Primary Care Patients. *Psychosomatic Medicine*, 78(5), 593-601.
6. Vrany, E.A., Berntson, J.M., **Khambaty, T.**, & Stewart, J. C. (2016). Depressive Symptoms Clusters and Insulin Resistance: Race/Ethnicity as a Moderator in 2005–2010 NHANES Data. *Annals of Behavioral Medicine*, 50 (1), 1-11. doi:10.1007/s12160-015-9725-0
7. White, J.R., Chang, C.H., So-Armah, K.A., Stewart, J.C., Gupta, S.K., Butt, A.A., Gibert, C.A., Rimland, D., Rodriguez-Barradas, M.C., Leaf, D.A., Bedimo, R.J., Gottdiener, J.S., Kop, W.J., Gottlieb, S.S., Budoff, M.J., **Khambaty, T.**, Tindle, H., Justice, A.C., & Freiberg, M.S. (2015). Depression and HIV infection are risk factors for incident heart failure among Veterans: Veterans Aging Cohort Study. *Circulation*. Published online September 10, 2015. doi: 10.1161/circulationaha.114.014443
8. Berntson, J., Stewart, K. R., Vrany, E., **Khambaty, T.**, & Stewart, J. C. (2015). Depressive symptoms and self-reported adherence to medical recommendations to prevent cardiovascular disease: NHANES 2005–2010. *Social Science & Medicine*, 138, 74-81. doi: <http://dx.doi.org/10.1016/j.socscimed.2015.05.041>
9. **Khambaty, T.**, Stewart, J. C., Muldoon, M. F., & Kamarck, T. W. (2014). Depressive Symptom Clusters as Predictors of 6-Year Increases in Insulin Resistance: Data from the Pittsburgh Healthy Heart Project. *Psychosomatic Medicine*, 76(5), 363-369.
10. Hickman, R. J., **Khambaty, T.**, & Stewart, J. C. (2013). C-Reactive Protein is Elevated in Atypical but not Nonatypical Depression: Data from the National Health and Nutrition Examination Survey (NHANES) 1999–2004. *Journal of Behavioral Medicine*, 37(4), 621-629.
11. **Khambaty, T.**, & Stewart, J. C. (2013). Associations of Depressive and Anxiety Disorders with Periodontal Disease Prevalence in Young Adults: Analysis of 1999–2004 National Health and Nutrition Examination Survey (NHANES) Data. *Annals of Behavioral Medicine*, 45(3), 393-397.

## MANUSCRIPTS UNDER REVIEW

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1. **Khambaty, T.**, Callahan C. M., & Stewart, J. C. Depression Treatment and Diabetes Risk: A 9-Year Follow-up Study of the IMPACT Trial.
2. **Khambaty, T.**, Schneiderman, N., Llabre, M.M., Moncrieft, A.E., Daviglus, M., Talavera, G.A., Isasi, C.R., Gallo, L.C., Reina, S.A., Elfassy, T., Vidot, D., Heiss, G. Socioeconomic Status and Prevalence of Metabolic Syndrome and Risk Factors: The Hispanic Community Health Study/Study of Latinos (HCHS/SOL)
3. Reina, S.A., **Khambaty, T.**, Birnbaum-Weitzman, O., Arguelles, W., Penedo, F., Giacinto, R.A.E, Gutierrez, A.P., Gallo, L.C., Giachello, A.L., Schneiderman, N., Llabre, M.M. Loneliness, cardiovascular disease, and diabetes prevalence in the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study.
4. Silveira, M.L., Dye, B.A., Iafolla, T.J., Adesanya, M.R., Boroumand, S., Youngblood, M., Salazar, C.R., Finlayson, T.L., **Khambaty, T.**, Beaver, S.M., Garcia, A.I. Cultural Factors and Oral Health-related Quality of Life Among Dentate Adults: Hispanic Community Health Study/Study of Latinos

5. Camacho, A., Tarraf, W., Jimenez, D., Gallo, L.C., Gonzalez, P., Kaplan, R.C., Lamar, M., **Khambaty, T.**, Thyagarajan, B., Perreira, K.M., Hernandez, R., Cai, J., Daviglus, M.L., and Wassertheil-Smoller, S., and González, H.M. Anxious-Depression and Neurocognition among middle-aged and older Hispanic/Latino adults: Hispanic Community Health Study/Study of Latinos (HCHS/SOL) Results.

## MANUSCRIPTS IN PREPARATION

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1. **Khambaty, T.**, Schneiderman N., Singer R.H., Beaver S.M., Salazar C.R., Youngblood M.E., Cai, J., Llabre M.M. Association of periodontal disease with insulin resistance and impaired glucose tolerance in the Hispanic Community Health Study/Study of Latinos: Role of depression, anxiety symptoms, and inflammation.
2. **Khambaty, T.**, & Stewart, J.C. Atypical Major Depression is more Strongly Associated with Diabetes Prevalence Three Years Later than Nonatypical Depression and Dysthymia: National Epidemiologic Survey on Alcohol and Related Conditions (NESARC).

## CONFERENCE PRESENTATIONS

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### Oral Presentations:

1. **Khambaty, T.**, Schneiderman, N., Llabre, M.M., Moncrieft, A.E., Daviglus, M., Talavera, G.A., Isasi, C.R., Gallo, L.C., Reina, S.A., Elfassy, T., Vidot, D., Heiss, G. Socioeconomic Status and Prevalence of Metabolic Syndrome and Risk Factors: The Hispanic Community Health Study/Study of Latinos (HCHS/SOL). Paper presented at the 2017 Annual Scientific Meeting of the American Psychosomatic Society, Seville, Spain.
2. **Khambaty, T.**, Callahan, C.M., Perkins, A.J., & Stewart, J. C. (2015, March). *Depression and Anxiety Screens as Predictors of 9-Year Incidence of Diabetes*. Paper presented at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
3. White, J. R., Chang, C.H., So-Armah, K.A., Stewart, J.C., Gupta, S.K., Butt, A.A., Gibert, C.A., Rimland D., Rodriguez-Barradas, M.C., Leaf D.A., Bedimo, R.J., Gottdiener J.S., Kop W.J., Gottlieb S.S., Budoff M.J., **Khambaty T.**, Tindle H., Justice A.C., and Freiberg M.S. (2014). *Antidepressant Use and Incident Heart Failure among Veterans with and without HIV Infection and Major Depressive Disorder*. Paper presented at 2015 American Heart Association Epidemiology & Prevention / Lifestyle and Cardiometabolic Health Scientific Sessions
4. **Khambaty, T.**, & Stewart, J. C. (2014, March). *Atypical Major Depression is more Strongly Associated with Diabetes Prevalence Three Years Later than Nonatypical Depression and Dysthymia: National Epidemiologic Survey on Alcohol and Related Conditions (NESARC)*. Paper presented at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society, San Francisco, CA.
5. White, J. R., Chang, C.H., So-Armah, K.A., Stewart, J.C., Gupta, S.K., Butt, A.A., Gibert, C.A., Rimland D., Rodriguez-Barradas, M.C., Leaf D.A., Bedimo, R.J., Gottdiener J.S., Kop W.J., Gottlieb S.S., Budoff M.J., **Khambaty T.**, Tindle H., Justice A.C., and Freiberg M.S. (2014). *Depression and HIV Infection are Risk Factors for Incident Heart Failure among Veterans: Veterans Aging Cohort Study*. Paper presented at the 2014 Annual Meeting of the Conference on Retroviruses and Opportunistic Infections, Boston, MA.

6. **Khambaty, T.**, Stewart, J. C., Muldoon, M. F., & Kamarck, T. W. (2013, March). *Somatic-Vegetative Symptoms of Depression Predict 6-Year Increases in Insulin Resistance: Data from the Pittsburgh Healthy Heart Project*. Paper presented at the 71<sup>st</sup> Annual meeting of the American Psychosomatic Society, Miami, FL. (Young Scholar Award)
7. Vrany, E., Berntson, J., **Khambaty, T.**, & Stewart, J. C. (2013, March). *Somatic, but not Nonsomatic, Symptoms of Depression are Associated with Insulin Resistance: National Health and Nutrition Examination Survey (NHANES) 2005-2010*. Paper presented at the 71<sup>st</sup> Annual meeting of the American Psychosomatic Society, Miami, FL.
8. **Khambaty, T.**, & Stewart, J. C. (2012, April). *Multiple Emotional Factors as Predictors of Cardiovascular Disease Incidence: Analysis of NHANES I Data*. Paper presented at the 33<sup>rd</sup> Annual meeting of the Society of Behavioral Medicine, New Orleans, LA. (Citation Abstract)

#### Poster Presentations:

1. **Khambaty, T.**, Moncrist, A.E., Llabre, M.M., McCalla, J.R., & Schneiderman, N. (2016, March). *Lifestyle Intervention Components as Predictors of Weight Loss in Low Income, Minority Patients with Type 2 Diabetes: Results of the CALM-D Randomized Controlled Trial*. Poster presented at the 2016 Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.
2. **Khambaty, T.**, Miles, S.R., Peterson, N., Naik, A.D., & Cully, J.A. (2015, July). Knowledge Isn't Everything: The Role of Affect and Coping in Diabetes Care for Rural Adults with Uncontrolled Diabetes. Poster presented at the 2015 HSR&D/QUERI National Conference, Philadelphia, PA.
3. **Khambaty, T.**, Callahan C. M., & Stewart, J. C. (2015, March). *Depression Treatment and Diabetes Risk: A 9-Year Follow-up Study of the IMPACT Trial*. Poster presented at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
4. **Khambaty, T.**, Stewart, J. C., Gupta, S. K., Chang, J., Butt, A., Gibert, C., Tindle, H., Crane, H., Bedimo R., & Freiberg, M. S. (2014, March). *Depressive Disorders Predict Incident Acute Myocardial Infarction in HIV+ Veterans: Veterans Aging Cohort Study*. Poster presented at the 2014 Annual Meeting of the Conference on Retroviruses and Opportunistic Infections, Boston, MA. (Young Investigator Award)
5. Stewart J. C., Gupta, S. K., **Khambaty, T.**, Berntson, J., Considine, R. V., & Callahan, C. M. (2014, March). *Effect of Computerized Depression Treatment on Endothelial Dysfunction: The Beating the Blues for Your Heart Pilot Trial*. Poster presented at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society, San Francisco, CA
6. Stewart, J. C., Hickman, R. J., & **Khambaty, T.** (2013, March). *C-Reactive Protein is Elevated in Atypical but not Nonatypical Depression: National Health and Nutrition Examination Survey (NHANES) 1999-2004*. Poster presented at the 71<sup>st</sup> Annual meeting of the American Psychosomatic Society, Miami, FL.
7. Berntson, J., Stewart, K. R., Vrany, E., **Khambaty, T.**, & Stewart, J. C. (2013, March). *Depressive Symptoms are Associated with Poor Adherence to Some Lifestyle but not Medication Recommendations to Prevent Cardiovascular Disease: National Health and Nutrition Examination Survey (NHANES) 2005-2010*. Poster presented at the 71<sup>st</sup> Annual meeting of the American Psychosomatic Society, Miami, FL.

8. **Khambaty, T.**, & Stewart, J. C. (2012, April). *Multiple Emotional Factors and the Prevalence of Periodontal Disease: Analysis of NHANES I Data*. Poster presented at the 33<sup>rd</sup> Annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
9. **Khambaty, T.**, & Stewart, J. C. (2011, March). *Associations between Depressive and Anxiety disorders and Periodontal Disease: Analysis of 1999-2004 NHANES data*. Poster presented at the 69<sup>th</sup> Annual meeting of the American Psychosomatic Society, San Antonio, TX.

## INVITED LECTURES AND COLLOQUIA

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1. **Khambaty, T.** (2016, June). *Socioeconomic Status and Prevalence of Metabolic Syndrome and Risk Factors: The Hispanic Community Health Study/Study of Latinos (HCHS/SOL)*. One hour research presentation to the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) Career Development Committee, Coral Gables, FL.
2. **Khambaty, T.** (2014, February). *Depressive Disorders Predict Incident Acute Myocardial Infarction in HIV+ Veterans: Veterans Aging Cohort Study*. One hour research presentation to the Indiana University School of Medicine Division of Infectious Diseases faculty and fellows, Indianapolis, IN.
3. **Khambaty, T.** (2013, March). *Clinical Case Presentation on Cognitive Behavioral Therapy for Depression: Sara*. A one hour clinical presentation at the IUPUI Department of Psychology Proseminar, attended by graduate students and faculty, Indianapolis, IN.
4. **Khambaty, T.** (2012, October). *Depression and Cardiovascular Disease (CVD): An Introduction*. Guest lecture to an Abnormal Psychology undergraduate class, Indianapolis, IN.
5. **Khambaty, T.** (2012, January). *The Role of Emotional Factors in Periodontal Disease*. A half-hour research presentation at the IUPUI Department of Psychology Proseminar, attended by graduate students and faculty, Indianapolis, IN.

## RESEARCH ACTIVITIES

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|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2014 - 2015 | <p><b>Healthy Outcomes for Patient Empowerment (HOPE)</b> (Multi-PI: Naik, Cully)<br/> NCT01572389<br/> Veterans Health Administration, Health Services Research &amp; Development<br/> Houston Center for Innovations in Quality, Effectiveness and Safety<br/> <u>Study Objective:</u> Phase 3 multi-clinic, patient-level randomized controlled trial examining the clinical effectiveness and preliminary implementation outcomes of a blended depression and diabetes behavioral health coaching intervention delivered by telephone<br/> <u>Roles:</u> Manuscript preparation; Protocol therapist</p> |
| 2011-2014   | <p><b>Targeting Systemic Inflammation to Concurrently Treat Late-Life Depression and Reduce Coronary Artery Disease Risk</b> (PI: Stewart)<br/> R24 MH080827<br/> NIH/NIMH<br/> <u>Study Objective:</u> Phase 2 randomized controlled trial evaluating whether pentoxifylline, a medication that interferes with the inflammatory cytokine cascade, is efficacious for concurrently</p>                                                                                                                                                                                                                     |

treating late-life depression and endothelial dysfunction, an early marker of atherosclerotic cardiovascular disease.

Role: Project coordinator; Protocol therapist

2011 - 2014

**Computer-Based Depression Treatment to Reduce Coronary Artery Disease Risk Pilot Clinical Trial (PI: Stewart)**

11CRP4880000

American Heart Association

Study Objective: To evaluate whether an empirically supported, computer-based, cognitive behavioral intervention for depression - Beating the Blues® - delivered before the onset of cardiovascular disease, reduces coronary artery disease risk, indicated by brachial flow-mediated dilation, a noninvasive measure of endothelial function.

Role: Project coordinator; Protocol therapist

## RESEARCH WORKSHOPS

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2015

**Introduction to Causal Inference Methods: Using Counterfactuals and Directed Acyclic Graphs (Full day workshop)**

Speaker: Maria Glymour, Sc.D., MS, University of California, San Francisco

2015

**A Day of Scientific Writing Workshop (Full day workshop)**

Speaker: Judith Swan, Princeton University

2013

**Meta-Analysis (Three day workshop)**

Speaker: Noel Card, PhD, University of Arizona

2013

**Scientific Writing from the Reader's Perspective with Dr. George Gopen (Full day workshop)**

Speaker: George Gopen, PhD, JD, Duke University

2012

**Structural Equation Modeling (Three day workshop)**

Speaker: Gregory R. Hancock, PhD, University of Maryland

2014

**American Psychosomatic Society - Mini-Medical School 2014: Overview of Biomedical Pathophysiology Relevant to Stress and Disease**

Speakers: Jeanne M. McCaffery, PhD, the Miriam Hospital and Brown Medical School

Tor D. Wager, PhD, University of Colorado at Boulder

Douglas A. Drossman, MD, the Drossman Center for the Education & Practice of Biopsychosocial Care

Mark A. Schumacher, PhD, MD, University of California-San Francisco

## TEACHING EXPERIENCE

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Fall 2017

**Undergraduate Health Psychology (385)**

Role: Instructor

Fall 2010

**Undergraduate Capstone Course in Applied Psychology (B433)**



Role: Guest Lecturer

Presented four lectures on utilizing SPSS software for statistical analyses of undergraduate class research projects.

Fall 2010

**Graduate Psychological Assessment Course (664)**

Role: Teaching Assistant

Instructed first year graduate students in the administration of the WAIS-IV and WISC-IV, graded integrated reports

Spring 2010

**Undergraduate Capstone Course in Social Psychology (B471)**

Role: Teaching Assistant

Presented lectures, evaluated student performance on class assignments and research projects

Fall 2009

**Undergraduate Capstone Course in Applied Psychology (B433)**

Role: Teaching Assistant

Co-led three lectures on SPSS statistical analysis software, evaluated student performance on class assignments and research projects

## PROFESSIONAL SERVICE

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### Ad hoc Reviewer of Manuscripts:

2016	Journal of Psychosomatic Research
2016	Journal of Health Psychology
2015	Journal of Endocrinological Investigation

### Professional Memberships

2010 – Present	American Psychosomatic Society, Associate Member
2011 – Present	Indiana Psychological Society, Student Member
2012 – Present	Society of Behavioral Medicine, Student Member
2015 – Present	International Association for Dental Research

### Positions in Professional Organizations:

2016 - Present	<p><b>Emerging Leaders Initiative, Professional Education Committee</b></p> <p><b>American Psychosomatic Society</b></p> <p><u>Role:</u> Co-chair</p> <p>Write proposal to formalize Emerging Leaders Initiative as a sub-committee within the organization; recruit additional members, write proposals to fund various initiatives, lead alternate-monthly conference calls with members</p>
2014 - 2016	<p><b>Emerging Leaders Initiative, Professional Education Committee,</b></p> <p><b>American Psychosomatic Society</b></p> <p><u>Role:</u> Member</p> <p>Attended monthly conference calls with Professional Education Committee and alternate-monthly calls with other Emerging Leaders Initiative group, reviewed educational materials (e.g., conference presentations) to be posted on the APS website, helped development of pre-conference workshops, worked on outreach and promotion</p>



2012 - 2013

**Search Committee for two tenure-track faculty members****Department of Psychology, IUPUI**Role: Student Representative

Gathered and organized application materials on spreadsheets, corresponded with applicants on an as needed basis, created schedules for interview visits, created brochures and advertisements for job-talks, provided general help to applicants during their interview day

**Positions in Graduate Department:**

2010 - 2011

**Psychology Graduate Student Organization (PGSO)****Department of Psychology, IUPUI**Role: Clinical Area Representative

Gathered ideas for improvement from clinical area graduate students and relayed to organization board, developed innovative methods to implement ideas

**CLINICAL EXPERIENCE**

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Internship

2014 - 2015

**Integrated Primary Care-Mental Health Rotation, Pain Specialty****Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**Role: Psychology InternSupervisor: Paul Sloan, PhD

Lead 9-session cognitive behavioral pain management group in a primary care setting; Individual therapy focused on pain management and comorbid sleep disturbance, depression/anxiety; Communicate and collaborate with mental health and general practice providers within primary care

Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9)

Internship

2014 - 2015

**Health Psychology Rotation, Transplant Evaluation****Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**Role: Psychology InternSupervisor: Kaki York, PhD, ABPP

Conduct comprehensive psychological evaluation for transplant Surgery (liver, kidney, heart, bone marrow), including semi-structured interview, and evidence-based personality and diagnostic assessments; Provide psychoeducation regarding transplant procedures; Attend weekly Liver transplant – Medical Review Board meetings; 5 integrated reports

Tests given: Alcohol Use Disorder Test (AUDIT); Abuse Screening Test (DAST); Generalized Anxiety Disorder 7-item scale (GAD-7); Morisky Medication Adherence Questionnaire (MMAQ); Millon Behavioral Medicine Diagnostic (MBMD); Minnesota Multiphasic Personality Inventory-Second Edition (MMPI-2); Minnesota Multiphasic personality Inventory-Second Edition Restructured Form (MMPI-2-RF)

Internship

2014 - 2015

**Spinal Cord Injury Care Line Psychological Services****Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**Role: Psychology InternSupervisor: Herb Ames, PhD

Assessment (neuropsychological, personality, diagnostic), treatment planning, intervention (individual, family), and consultative services for a heterogeneous group of inpatient and

outpatient veterans with spinal cord injuries or dysfunction of varied anatomical levels and completeness; Weekly groups on management of psychological distress, assertive communication with treatment team and family; Supervision of graduate level practicum student  
Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9)

Internship  
 2014 – 2015

### **Geropsychology Inpatient Unit**

**Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**

Role: Psychology Intern

Supervisor: Cynthia Kraus-Schuman, PhD

Inpatient assessment and individual and group cognitive behavioral treatment for older adults with dementia, delirium, comorbid substance use and psychological disorders, and chronic diseases; Treatment planning in collaboration with psychiatrists, social workers, physician assistants, and nursing staff.

Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Geriatric Depression Scale (GDS);

Internship  
 2014 – 2015

### **Neuropsychology Rehabilitation Polytrauma**

**Michael E. DeBakey Veterans Affairs Medical Center, Houston, TX**

Role: Psychology Intern

Supervisor: Nicholas Pastorek, PhD, ABPP; Becca Martin, PhD

Administer, score, and interpret an evidence-based neuropsychological assessment battery for Veterans with traumatic brain injury in inpatient and outpatient settings; Collaborate with a multidisciplinary team of neuropsychologist, post-doctoral fellow, speech therapist, physiatrist, and vocational rehabilitation specialist; 13 integrative reports

Tests given: Boston Naming Test (BNT); ; California Verbal Learning Test- Second edition (CVLT-II); Mini International Neuropsychiatric Interview (MINI) ; Mini-Mental Status Examination (MMSE); Paced Auditory Serial Addition Task (PASAT); Phonemic Fluency (FAS); PTSD CheckList (PCL); Repeatable Battery for the Assessment of Neuropsychological Status; Rey Auditory Verbal Learning Test; Satisfaction with Life Scale; Semantic Fluency (Animals); Stroop Color and Word Test (STROOP); Trail Making Test (TMT); Test of Memory and Malinger (TOMM); Wisconsin Card Sorting Test (WCST); Word Memory Test (WMT)

Practicum  
 January 2013 -  
 May 2013

### **Larue D. Carter Memorial Inpatient State Psychiatric Hospital Indianapolis, IN**

Role: Practicum Student

Supervisors: Kristine Chapleau, PhD, HSPP; Timothy Lines, PhD, HSPP

Conducted short- and long-term therapy using techniques from metacognitive therapy, dialectical behavioral therapy, and cognitive behavioral therapy with adults with severe mental illnesses (e.g., schizophrenia, and bipolar disorder); Led or co-led three therapy groups per week; Completed 7 psychosocial intake assessments at patient admission or annual review and offered diagnostic summaries; Individual therapy case-load of 4-6 patients

Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9)

Practicum  
 August 2012 -

### **Inpatient Consultation-Liaison Psychiatry Service**

**Indiana University Hospital, Department of Psychiatry**

- December 2012      Role: Psychiatry Consultant  
Supervisor: David Fingerhut, PhD, HSPP  
 Worked with an interdisciplinary team comprised of a psychiatrist, psychologist, and registered nurse; Conducted semi-structured interviews, and provided brief interventions with diverse patients (e.g., lower socioeconomic status clients on Medicare/Medicaid, self-pay clients, young and older adults) and presenting problems (depression, anxiety, panic disorder, psychosocial issues); Wrote concise evaluation notes in a timely manner; Communicated both within the Psychiatry team, members of other medical teams, and nursing staff to inquire about patient progress and report consultation findings; Attended rounds with the Neurology team to gain an interdisciplinary perspective.  
Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9)
- January 2012 -      **Adult Outpatient Psychiatry Clinic**  
 July 2012      **Indiana University School of Medicine, Indianapolis, IN**  
Role: Practicum Student  
Supervisor: Yelena Chernyak, PhD, HSPP  
 Conduct initial intake assessments; Provide individual therapy to patients presenting with a range of issues and psychiatric disorders (e.g., mood and anxiety disorders, bipolar disorder, insomnia, PTSD, academic difficulties and marital distress); Primary therapeutic modalities: cognitive-behavioral therapy and acceptance and commitment therapy; Develop evidence based treatment plans; Utilize evidence-based symptom inventories to monitor patient progress.  
Tests given: Outcome Rating Scale; Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9); Mood Disorder Questionnaire (MDQ)
- Practicum      **Community Bariatric Associates**  
 August 2011 -      **Community South Hospital, Indianapolis, IN**  
 January 2012      Role: Practicum Student  
Supervisor: Theresa Rader, PsyD, HSPP  
 Administered, scored, and interpreted an evidence-based assessment battery for patients seeking bariatric surgery; Assessed readiness for surgery and psychological functioning, including the presence of mood, anxiety, and personality disorders, coping skills, and brief cognitive functioning; Provided feedback and recommendations to patients orally and in written reports; Co-led 8-week bariatric educational groups focusing on diet, exercise, and cognitive-behavioral therapy and acceptance and commitment therapy techniques; Wrote 13 integrative reports.  
Tests given: Wechsler Adult Intelligence Scale (WAIS-IV); Wide Range Achievement Test – IV (WRAT-IV); Woodcock Johnson-III; Beck Anxiety Inventory (BAI); Beck Depression Inventory (BDI); Beck Depression Inventory-II (BDI-II); Brief Pain Inventory (BPI); ); Eating Attitudes Test (EAT-26); Generalized Anxiety Disorder 7-item scale (GAD-7); Drug Abuse Screening Test (DAST); Mood Disorder Questionnaire (MDQ); Morisky Medication Adherence Questionnaire (MMAQ); Burn's EASY Diagnostic Survey; Headache Impact Test-6 item (HIT6); Tobacco Use Questionnaire; Weight and Lifestyle Inventory (WALI); Zung Self-report Anxiety Scale
- Practicum      **St. Vincent Joshua Max Simon Primary Care Center**  
 January 2011 -      **St. Vincent Family and Internal Medicine, Indianapolis, IN**  
 July 2011      Role: Student Behavioral Health Consultant  
Supervisor: Thomas Barbera, PhD, HSPP

Work with an integrated care team of residents, attendings, nurses, psychiatrists, and social workers to provide brief individual therapy on issues of chronic pain, weight management, nicotine dependence, insomnia, drug and alcohol dependence, and mood/anxiety disorders; Primary therapeutic modality was cognitive-behavioral therapy; Conducted motivational interviewing for weight management and nicotine dependence; Provided relaxation training for anxiety; Utilized the electronic medical records system to review charts and write progress notes; Attended didactic seminars.

Tests given: Generalized Anxiety Disorder 7-item scale (GAD-7); Patient Health Questionnaire-9 (PHQ-9); Mood Disorder Questionnaire (MDQ)

Practicum  
August 2010 -  
January 2011

**Post-Traumatic Stress Disorder Clinical Team (PCT)**

**Psychiatry Ambulatory Care Clinic (PACC), Richard L. Roudebush VA Medical Center**

Role: Practicum Student

Supervisor: David Tarr, PhD, HSPP

Conducted individual therapy with male and female veterans presenting with PTSD, substance use disorders, mood/anxiety disorders, and comorbid medical issues; Primary therapeutic modalities were cognitive-behavioral therapy and prolonged exposure; Developed recovery plans; Led or co-led cognitive-behavioral therapy group for depression, Sleep/Anger group, and peer support group; Attended staff meetings; Utilized CPRS electronic medical record system to write progress notes.

Tests given: Rorschach test; Patient Health Questionnaire-9 (PHQ-9)

## CLINICAL PEER SUPERVISION

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January 2012 -  
December 2012

**Seminar in Teaching Psychology (I-595 graduate course)**

Department of Psychology, IUPUI

Role: Clinical Peer Supervisor

Supervisor: John Guare, PhD, HSPP

Duties: Provide 1 hour of peer supervision two times per month to two second year Clinical Psychology PhD students during their first practica.